



FLORIDA CAC Training Plan

Requirements:

Topic

Minimum Requirement

Formal Education

High-school Diploma or General Equivalency Degree or higher

Content-Specific Training

250 hours of content specific training, allocated as follows:

1. Clinical Evaluation: 25 hours
2. Treatment Planning: 15 hours
3. Counseling: 30 hours
4. Case Management and Referral: 10 hours
5. Client, Family and Community Education: 10 hours
6. Documentation: 10 hours
7. Ethical and Professional Responsibilities: 30 hours
8. Understanding Addiction/Treatment Knowledge: 60 hours**
9. Application to Practice/Professional Readiness: 60 hours*&**

*Must include at least 4 hours of HIV-AIDS and 2 hours of Domestic Violence training.

**CAC applicants may earn the IC&RC reciprocal credential as part of the CAC process by documenting an additional 10 hours of training in each of these performance domains (20 hours total) and passing the IC&RC ADC written exam.

All training must have been completed within the last 10 years.



Coursework:

Course	Hours	Content-Specific Training	Transdisciplinary Foundations
Adolescent Development	3	2. Treatment Planning	UA/TK
Alcohol the Chemical	3	7. Ethical and Professional Responsibilities	UA/TK
Basic Ethics for Addiction Professionals	12	7. Ethical and Professional Responsibilities	AP/PR
Basic Pharmacology	15	7. Ethical and Professional Responsibilities	UA/TK
Clinical Applications of Motivational Strategies	3	2. Treatment Planning	AP/PR
Confidentiality Requirements for AOD Professionals	10	6. Documentation	AP/PR
Co-Occurring Disorders: Concepts and Treatment Issues	12	6. Documentation	UA/TK
Co-Occurring Disorders: The Prevalent Mental Disorders	12	1. Clinical Evaluation	UA/TK
Counseling Functions: Basic Counseling Information – Group Counseling Skills	12	3. Counseling	UA/TK
Counseling Functions: Basic Counseling Information - Individual Counseling Skills	15	3. Counseling	UA/TK
Counseling Functions: Case Management and Referral Services	12	4. Case Management and Referral	AP/PR
Counseling Functions: Screening & Patient Placement for the Treatment of Substance Use Disorders	15	1. Clinical Evaluation - Screening	UA/TK
Counseling Functions: Treatment Planning Guidelines for Substance Abuse Professionals	10	2. Treatment Planning	UA/TK
Counseling Functions: Working with Families – Guidelines and Techniques	15	5. Client, Family, and Community Education	UA/TK
Detoxification: Identification of Need and Therapeutic Interventions	6	1. Clinical Evaluation	UA/TK



Course	Hours	Content-Specific Training	Transdisciplinary Foundations
Detoxification: Special Needs and Considerations	6	2. Treatment Planning	AP/PR
Diagnosing Substance-Related and Addictive Disorders: Using the DSM Structure	15	1. Clinical Evaluation - Assessment	AP/PR
Group Drug Counseling	6	3. Counseling	UA/TK
Hepatitis C - Information for Counselors	6	5. Client, Family, and Community Education	UA/TK
Human Development: Perspectives on Addiction and Recovery	12	2. Treatment Planning	UA/TK
Improving Treatment Compliance	3	6. Documentation	UA/TK
Integrating Spirituality into Therapy	3	2. Treatment Planning	AP/PR
Relapse Prevention Services - REVISITED	6	4. Case Management and Referral	AP/PR
Substance Abuse Treatment and Domestic Violence - Batterers	3	Domestic Violence *	AP/PR
The Minnesota Model	6	7. Ethical and Professional Responsibilities	UA/TK
The Science of Addiction: Basic Pharmacology	6	7. Ethical and Professional Responsibilities	UA/TK
The Science of Addiction: Dependence Disease Treatment	3	2. Treatment Planning	UA/TK
The Science of Addiction: Drugs and the Brain	3	7. Ethical and Professional Responsibilities	UA/TK
The Science of Addiction: The Terminology of Addiction	3	1. Clinical Evaluation	UA/TK
The Twelve Step Experience - A Course for Professionals	6	4. Case Management and Referral	AP/PR
Theory and Practice of Addiction Counseling	15	3. Counseling	UA/TK
Treating HIV/AIDS and Substance Abuse	6	HIV/AIDS *	AP/PR
Understanding the Addictive Process	3	7. Ethical and Professional Responsibilities	UA/TK
Total Hours Towards the CAC Credential:	266		