



## ***FLORIDA CAP Training Plan***

### **Requirements:**

#### **Topic**

Formal Education

#### **Minimum Requirement**

Bachelor's degree or higher from a university or college accredited by an entity recognized by the United States Department of Education and/or the Council of Higher Education Accreditation.

A degree in a related field is not required for CAP applicants; however, individuals holding a related degree may be eligible for reduced related work experience and on-the-job supervision requirements.

Related degrees are Social Work, Psychology, Human Services, Mental Health Counseling, and Marriage and Family Counseling.

#### **Content-Specific Training**

350 hours of content specific training, allocated as follows:

1. Clinical Evaluation: 35 hours
2. Treatment Planning: 30 hours
3. Counseling: 50 hours
4. Case Management and Referral: 15 hours
5. Client, Family and Community Education: 15 hours
6. Documentation: 15 hours
7. Ethical and Professional Responsibilities: 30 hours
8. Understanding Addiction/Treatment Knowledge: 80 hours
9. Application to Practice/Professional Readiness: 80 hours\*

*\*Must include at least 4 hours of HIV-AIDS and 2 hours of Domestic Violence.*

All training must have been completed within the last 10 years.

## CAP Coursework:

Course	Hours	Content-Specific Training	Transdisciplinary Foundations
Adolescent Development	3	2. Treatment Planning	UA/TK
Alcohol the Chemical	3	7. Ethical and Professional Responsibilities	UA/TK
Basic Ethics for Addiction Professionals	12	7. Ethical and Professional Responsibilities	AP/PR
Basic Pharmacology	15	7. Ethical and Professional Responsibilities	UA/TK
Clinical Applications of Motivational Strategies	3	2. Treatment Planning	AP/PR
Confidentiality Requirements for AOD Professionals	10	6. Documentation	AP/PR
Co-Occurring Disorders: Concepts and Treatment Issues	12	6. Documentation	UA/TK
Co-Occurring Disorders: Screening and Assessment	6	1. Clinical Evaluation	UA/TK
Co-Occurring Disorders: The Prevalent Mental Disorders	12	1. Clinical Evaluation	UA/TK
Co-Occurring Disorders: Treatment Settings, Models, and Specific Populations	9	2. Treatment Planning	AP/PR
Core Anger Management Skills for the Substance Abuse Professional	4	3. Counseling	AP/PR
Counseling Functions: Basic Counseling Information – Group Counseling Skills	12	3. Counseling	UA/TK
Counseling Functions: Basic Counseling Information - Individual Counseling Skills	15	3. Counseling	UA/TK
Counseling Functions: Case Management and Referral Services	12	4. Case Management and Referral	AP/PR
Counseling Functions: Crisis Intervention and Suicidality	15	1. Clinical Evaluation - Screening	UA/TK
Counseling Functions: Screening & Patient Placement for the Treatment of Substance Use Disorders	15	1. Clinical Evaluation - Screening	UA/TK
Counseling Functions: Treatment Planning Guidelines for Substance Abuse Professionals	10	2. Treatment Planning	UA/TK

Course	Hours	Content-Specific Training	Transdisciplinary Foundations
Counseling Functions: Working with Families – Guidelines and Techniques	15	5. Client, Family, and Community Education	UA/TK
Detoxification: Identification of Need and Therapeutic Interventions	6	1. Clinical Evaluation	UA/TK
Detoxification: Special Needs and Considerations	6	2. Treatment Planning	AP/PR
Diagnosing Substance-Related and Addictive Disorders: Using the DSM Structure	15	1. Clinical Evaluation - Assessment	AP/PR
Expanding the Role of the Clinical Supervisor in Alcohol and Drug Abuse Counseling	9	4. Case Management and Referral	AP/PR
Group Drug Counseling	6	3. Counseling	UA/TK
Hepatitis C - Information for Counselors	6	5. Client, Family, and Community Education	UA/TK
HIV/AIDS and Other Sexually Transmitted Diseases	3	5. Client, Family, and Community Education	UA/TK
Human Development: Perspectives on Addiction and Recovery	12	2. Treatment Planning	UA/TK
Improving Cultural Competence: Behavioral Health Treatment for Major Racial and Ethnic Groups	6	7. Ethical and Professional Responsibilities	AP/PR
Improving Cultural Competence: Introduction to Cultural Competence and Core Competencies	6	7. Ethical and Professional Responsibilities	AP/PR
Improving Treatment Compliance	3	6. Documentation	UA/TK
Integrating Spirituality into Therapy	3	2. Treatment Planning	AP/PR
Personal and Professional Wellness	15	7. Ethical and Professional Responsibilities	AP/PR
Post Traumatic Stress and Recovery	10	3. Counseling	UA/TK
Relapse Prevention Services - REVISITED	6	4. Case Management and Referral	AP/PR
Sexuality and Intimacy in the Recovery Process	3	7. Ethical and Professional Responsibilities	AP/PR
Substance Abuse Treatment and Domestic Violence - Batterers	3	Domestic Violence	AP/PR
The Minnesota Model	6	7. Ethical and Professional Responsibilities	UA/TK

Course	Hours	Content-Specific Training	Transdisciplinary Foundations
The Science of Addiction: Basic Pharmacology	6	7. Ethical and Professional Responsibilities	UA/TK
The Science of Addiction: Dependence Disease Treatment	3	2. Treatment Planning	UA/TK
The Science of Addiction: Drugs and the Brain	3	7. Ethical and Professional Responsibilities	UA/TK
The Science of Addiction: Research	3	7. Ethical and Professional Responsibilities	AP/PR
The Science of Addiction: The Terminology of Addiction	3	1. Clinical Evaluation	UA/TK
The Twelve Step Experience - A Course for Professionals	6	4. Case Management and Referral	AP/PR
Theory and Practice of Addiction Counseling	15	3. Counseling	UA/TK
Treating HIV/AIDS and Substance Abuse	6	HIV/AIDS	AP/PR
Understanding the Addictive Process	3	7. Ethical and Professional Responsibilities	UA/TK
Understanding and Using the New ASAM Criteria for Addictive, Substance-Related and Co-Occurring Conditions	12	1. Clinical Evaluation	UA/TK
<b>Total Hours Towards the CAP Credential:</b>	<b>370</b>		