



270 Hour Training Plan – Louisiana

ACADEMIC TRAINING PLAN FOR BASIC AOD CREDENTIALING IN LOUISIANA		
Course Title	Academic Content Area	Hours
The Terminology of Addiction <i>(Requires the purchase of Carlton Erickson's book The Science of Addiction (2nd Edition)</i>	Physiology and Pharmacology of Alcohol and Other Drugs	3
Theory and Practice of Addiction Counseling	Physiology and Pharmacology of Alcohol and Other Drugs	15
Basic Pharmacology	Physiology and Pharmacology of Alcohol and Other Drugs	15
Alcohol the Chemical	Physiology and Pharmacology of Alcohol and Other Drugs	3
Drugs and the Brain <i>(Requires the purchase of Carlton Erickson's book The Science of Addiction (2nd Edition)</i>	Physiology and Pharmacology of Alcohol and Other Drugs	6
Detoxification: Identification of Need and Therapeutic Interventions	Physiology and Pharmacology of Alcohol and Other Drugs	6
Detoxification: Special Needs and Considerations	Physiology and Pharmacology of Alcohol and Other Drugs	6
CONTENT AREA TOTAL HOURS:		54
Counseling Functions: Screening & Patient Placement for the Treatment of Substance Use Disorders	Screening, Assessment, and Engagement	15
Diagnosing Substance-Related and Addictive Disorders: Using the DSM Structure	Screening, Assessment, and Engagement	15
Counseling Functions: Case Management and Referral Services for the Substance Abuse Professional	Screening, Assessment, and Engagement	12
Understanding and Using the New ASAM Criteria for Addictive, Substance-Related and Co-Occurring Conditions	Screening, Assessment, and Engagement	12
Relapse Prevention Counseling	Screening, Assessment, and Engagement	12
CONTENT AREA TOTAL HOURS:		66

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Course Title	Academic Content Area	Hours
Human Development: Perspectives on Addiction and Recovery	Treatment Planning, Collaboration, and Referral	12
Adolescent Development	Treatment Planning, Collaboration, and Referral	3
Dependence Disease Treatment (<i>Requires the purchase of Carlton Erickson's book The Science of Addiction (2nd Edition)</i>)	Treatment Planning, Collaboration, and Referral	6
Counseling Functions: Treatment Planning and Documentation	Treatment Planning, Collaboration, and Referral	10
Counseling Functions: Crisis Intervention and Suicidality for the Substance Abuse Professional	Treatment Planning, Collaboration, and Referral	15
Confidentiality Requirements for AOD Professionals	Treatment Planning, Collaboration, and Referral	10
CONTENT AREA TOTAL HOURS:		56
Counseling Functions: Basic Counseling Information – Individual Counseling Skills for the Substance Abuse Professional	Counseling	15
Counseling Functions: Basic Counseling Information – Group Counseling Skills for the Substance Abuse Professional	Counseling	12
Group Drug Counseling	Counseling	6
Counseling Functions: Working with Families – Guidelines and Techniques for the Substance Abuse Professional	Counseling	15
Sexuality and Intimacy in the Recovery Process	Counseling	3
Improving Cultural Competence: Behavioral Health Treatment for Major Racial and Ethnic Groups	Counseling	6
CONTENT AREA TOTAL HOURS:		57
Basic Ethics for Addiction Professionals	Professional and Ethical Responsibility	12
Personal and Professional Wellness for the Substance Abuse Counselor	Professional and Ethical Responsibility	15
HIV/AIDS and Other Sexually Transmitted Diseases	Professional and Ethical Responsibility	6
Hepatitis C - Information for Counselors	Professional and Ethical Responsibility	6
Ethical Issues in the Prevention and Treatment of Addiction: Personal and Professional Conduct	Professional and Ethical Responsibility	6
CONTENT AREA TOTAL HOURS:		45
TOTAL CURRICULUM HOURS:		278



Credentialing in Louisiana starts with obtaining 180 hours of education, which will allow students to obtain a Counselor in Training (CIT) credential. This allows an individual to begin working (under supervision) in the addiction field. Then, by completing the remaining courses on this training plan you will be eligible to become credentialed as either a Registered Addiction Counselor (RAC), Certified Addiction Counselor (CAC), or Licensed Addiction Counselor (LAC).

Coursework highlighted in **GREEN** above are the recommended courses to meet the 180-hour requirement. Once complete, students will want to apply for the CIT so they can begin gathering the required work experience. By then completing the remaining courses on this plan, students will have the required 270-hour minimum educational requirement for either the RAC, CAC, or LAC.

Cost for this complete curriculum (Internet format) is \$3,600; For Hard Copy format – add \$600 to the base price. Save 20% (\$720) using a pay-as-you-go discount code (PAYG20); Save 40% (\$1,440) by prepaying a flat rate of \$2,160 (Internet Formats).

If you wish to start by purchasing only the 180-hours, the cost for this portion of the training plan is \$2,400 in Internet formatted courses. Hard copy materials will add \$300 to the base price. Save 20% (\$480) using a pay-as-you-go discount code (PAYG20); Save 30% (\$720) by prepaying a flat rate of \$1,680 (Internet Formats).

If you have questions or need assistance, email us at information@dlc.email or call us toll free at 866-431-4240 M-F 9am-4pm CST.