



**TRAINING PLAN FOR CREDENTIALING IN PENNSYLVANIA:**

- Associate Addiction Counselor (AAC – 100 total hours)
- Certified Associate Addiction Counselor (CAAC – 300 total hours)
- Certified Alcohol and Drug Counselor (CADC – 300 total hours)
- Certified Advanced Alcohol and Drug Counselor (CAADC – 300 total hours)

<b>Screening, Assessment, and Engagement Domain</b>	
<b>COURSE TITLE</b>	<b>Hours</b>
<i>Alcohol the Chemical</i>	<b>3</b>
<i>Basic Pharmacology</i>	<b>15</b>
Co-Occurring Disorders: The Prevalent Disorders	12
Counseling Functions: Screening & Patient Placement for the Treatment of Substance Use Disorders	15
Counseling Functions: Treatment Planning and Documentation	10
Detoxification: Identification of Need and Therapeutic Interventions	6
Detoxification: Special Needs and Considerations	6
Diagnosing Substance-Related and Addictive Disorders: Using the DSM Structure	15
The Science of Addiction: Drugs and the Brain	3
<i>The Science of Addiction: The Terminology of Addiction</i>	<b>3</b>
The Twelve Step Experience - A Course for Professionals	6
Understanding and Using the New ASAM Criteria for Addictive, Substance-Related and Co-Occurring Conditions	12
<b>TOTAL DOMAIN HOURS:</b>	<b>106</b>



<b>Counseling Domain</b>	
<b>COURSE TITLE</b>	<b>Hours</b>
<b><i>Counseling Functions: Basic Counseling Information - Group Counseling Skills</i></b>	<b>12</b>
<b><i>Counseling Functions: Basic Counseling Information - Individual Counseling Skills</i></b>	<b>15</b>
Counseling Functions: Crisis Intervention	3
Counseling Functions: Crisis Intervention and Suicidality	15
Counseling Functions: Working with Families - Guidelines and Techniques	15
Creating Motivation for Change in Substance Abuse Treatment	15
<b><i>Group Drug Counseling</i></b>	<b>6</b>
Relapse Prevention Counseling	12
<b>TOTAL DOMAIN HOURS:</b>	<b>93</b>
<b>Treatment Planning, Collaboration, and Referral Domain</b>	
<b>COURSE TITLE</b>	<b>Hours</b>
<b><i>Counseling Functions: Case Management and Referral Services</i></b>	<b>12</b>
Hepatitis C - Information for Counselors	6
HIV/AIDS and Other Sexually Transmitted Diseases	6
Human Development: Perspectives on Addiction and Recovery	12
Post Traumatic Stress and Recovery	10
<b><i>Theory and Practice of Addiction Counseling</i></b>	<b>15</b>
<b>TOTAL DOMAIN HOURS:</b>	<b>61</b>



<b>Professional &amp; Ethical Responsibility Domain</b>	
<b>COURSE TITLE</b>	<b>Hours</b>
Adolescent Development	3
<b><i>Basic Ethics for Addiction Professionals</i></b>	<b>12</b>
<b><i>Confidentiality Requirements for AOD Professionals</i></b>	<b>10</b>
Improving Cultural Competence: Introduction to Cultural Competence and Core Competencies	6
Improving Cultural Competence: Behavioral Health Treatment for Major Racial and Ethnic Groups	6
<b><i>The Science of Addiction: Dependence Disease Treatment</i></b>	<b>3</b>
	<b>TOTAL DOMAIN HOURS: 40</b>
<b>TOTAL CURRICULUM HOURS</b>	<b>300</b>

We recommend starting with the courses that are in **BOLD, ITALICS**, to complete the hours required to meet the AAC requirements for Pennsylvania. Then, simply continue with the additional courses in order to meet the overall 300 hour requirement.